

## Research Article

# Cajanonic acid A regulates the ratio of Th17/Treg via inhibition of expression of IL-6 and TGF- $\beta$ in insulin-resistant HepG2 cells

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**Background:** The objectives of the present study are to investigate whether cajanonic acid A (CAA) can reduce insulin resistance (IR) in HepG2 cells and to gain a preliminary understanding of the mechanisms underlying this effect.

**Methods:** Following induction of IR in HepG2 cells, we tested the regulatory effect of CAA on glucose consumption and evaluated hepatocyte production of IL-6, TGF- $\beta$ , and key molecules in the insulin transduction pathway. A transwell co-culturing system was used to assess the effect of CAA on IR in HepG2 cells during the differentiation of CD4<sup>+</sup> T cells by calculating the ratio of (Th17)/regulatory T cell (Treg). We evaluated the effect of CAA on the expression of IL-17RC cells and HepG2 cell apoptosis by immunofluorescence and flow cytometry assay.

**Results:** CAA improved dexamethasone-induced reduction in glucose consumption in HepG2 cells, inhibited hepatocyte production of IL-6 and TGF- $\beta$ , increased the expression of IL-17RC cell, and increased cellular apoptosis in insulin-resistant HepG2 cells. When co-cultured with CD4<sup>+</sup> T cells, insulin-resistant HepG2 cells induced a decrease in the ratio of Th17/Treg, but CAA dampened the effect. Application of IL-6 and TGF- $\beta$ , together with CAA, reversed the effect of CAA on insulin-resistant HepG2 cells. Overexpression of IL17R, however, counteracted the effect of IL-6 neutralizing antibody within the culture system.

**Conclusion:** CAA can regulate the ratio of Th17/Treg by mediating the expression of IL-6 and TGF- $\beta$  in insulin-resistant HepG2 cells.

## Introduction

Insulin resistance (IR) is critical in the development of type 2 diabetes mellitus (T2DM) [1], which is characterized by reduced responsiveness of cells to normal circulating concentrations of insulin. The liver plays an important role in carbohydrate metabolism, which adjusts glucose production according to the energy balance via the regulation of insulin. Insulin binds to its receptors that are expressed on hepatocytes and suppresses hepatic glucose production via activation of PI3K signal transduction [2,3]. IR results in the suppression of glucose uptake and glycogenesis, which in turn lead to hyperinsulinemia and glucose intolerance [2,3]. *In vitro* studies in HepG2 cells revealed that IR in HepG2 cells is mainly associated with deficient glycogenesis, impaired hepatic glucose production and dysfunction of the insulin signal transduction pathway [3,4]. Insulin-resistant HepG2 cells have fewer total glucose transporters (GLUT) and changes in other critical molecules involved in glucose metabolism, which leads to impaired glucose uptake in cells [5–8].

The immune system was reported to be involved in the development of IR in T2DM. Increased infiltration of activated T lymphocytes has been found in the liver of the patients with T2DM. Along with accumulation of T cells, there is an imbalance between the pro-inflammatory T-cell subset

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known as T helper 17 (Th17) and the T helper 1 and anti-inflammatory T-cell subset known as regulatory T cells (Tregs). Th17 cells secrete a series of cytokines including IL-17A (IL-17), IL-17F, IL-22, IL-6, and TNF- $\alpha$  [9,10]. The shift in the ratio of Th17/Treg from T cells is mediated by IL-6 and TGF- $\beta$  [11,12]. In HepG2 with IR, a series of inflammatory responses also occur. Studies have identified the presence of secreted cytokines such as IL-6, TNF- $\beta$  in insulin-resistant HepG2 cells [3,4]. Meanwhile, an up-regulation of expression of cytokine receptors such as IL-17 receptors occurs, along with IL-17 and other pro-inflammatory cytokine exacerbate hepatic steatosis and apoptosis of liver cells [13–15]. These studies suggest that increased inflammatory sensitivity in insulin-resistant hepatocytes may trigger an alteration in the immune system, which in turn promotes the inflammatory response and deteriorates IR.

Cajanonic acid A (CAA) is a novel stilbenes isolated from the leaves of Pigeon pea [*Cajanus cajan* (L.) Mill sp.] by Qiu in 2008 [16]. CAA was reported to have hypoglycemic activity in db/db mice and inhibit PTP-1B and PPAR $\gamma$  with high potency, which may prevent the development of side effects found with classical thiazolidinediones PPAR $\gamma$  activators that are used in practice [16]. In this study, we further investigated whether CAA can reduce IR in HepG2 cells and used our findings to propose hypothetical mechanisms underlying this effect. We hypothesize that CAA might alleviate IR by regulating the ratio of Th17/Treg via inhibition of the expression of IL-6 and TGF- $\beta$  in HepG2 cells.

## Materials and methods

### Main reagents and antibodies

CAA was dissolved in dimethyl sulfoxide (DMSO, Sigma, St. Louis, MO, U.S.A.) to a concentration of 200  $\mu$ M and stored at  $-20^{\circ}\text{C}$  as a stock solution. The stock solution was diluted with Dulbecco's modified Eagle's medium (DMEM, HyClone, U.S.A.) to a final concentration of 50  $\mu$ M before use. Dexamethasone (Cell Signaling Technology, #9668) was diluted with DMEM to a final concentration of 1  $\mu$ M. DMSO was added in the vehicle control group. TGF- $\beta$  (240-B; R&D Systems, MN, U.S.A.) was diluted to a concentration of 6.4 ng/ml, and IL-6 (206-IL/CF, R&D Systems, MN, U.S.A.) was diluted to a concentration of 8 ng/ml before use. Insulin (Cell Signaling Technology, #9668), human IL-6 high sensitivity enzyme-linked immunosorbent assay (ELISA) Kit (Abcam, ab46042, U.S.A.), human IL-17 High Sensitivity ELISA Kit (Abcam, ab46042, U.S.A.), propidium iodide (Cell Signaling Technology, #9668), 4',6-diamidino-2-phenylindole (DAPI; Cell Signaling Technology, #9668), primary antibodies including anti-IL-17RC, anti-IL-6, anti-p-IR (Cell Signaling Technology, #9542), anti-GLUT1 (Cell Signaling Technology, #9542), and monoclonal mouse anti-GAPDH (Santa Cruz, CA, U.S.A.), and horseradish peroxidase (HRP)-conjugated polyclonal goat anti-mouse and anti-rabbit (both from Santa Cruz, CA, U.S.A.) were used in the present study. Human IL-17RC adenovirus was purchased from Vector Biolabs (Malvern, PA, U.S.A.).

### Experiment design

In experiment 1, glucose consumption by cells in the Dex group (IR) or control group was determined by the glucose oxidase and peroxidase (GOD-POD) method. In experiment 2, cells with Dex disposal were divided into a CAA+Dex group or Dex group in which CAA (50  $\mu$ M) or isometric DMSO was added into the medium. Glucose consumption, protein levels of p-IR, GLUT1, level of IL-6 and TGF- $\beta$  were determined by GOD-POD assay, Western blotting, and ELISA, respectively. In experiment 3, dexamethasone-induced IR HepG2 (abbreviated as IR) cells were allocated into three groups (IR group, IR+CAA group, and IR+CAA+IL-6 AB group). The vehicle, CAA (50  $\mu$ M) and CAA (50  $\mu$ M), IL-6 neutralizing monoclonal antibody (Siltuximab, CNTO328, 10 ng/ml) were added, respectively. The activated CD4<sup>+</sup> T cells were cultured with the IR group, IR+CAA group and IR+CAA+IL-6 AB group at ratio of 5/1 in transwell system. HepG2 cells were seeded into upper chambers and CD4<sup>+</sup> T cells were seeded into the lower chambers. The expression of IL-17RC and IL-6, protein levels of p-IR, GLUT1, apoptotic cell ratio, and glucose consumption in HepG2 cells groups were determined by immunofluorescence assay, Western blotting assay, flow cytometry, and GOD-POD assay, respectively. The ratio of Th17/Treg in CD4<sup>+</sup> T cells was determined by flow cytometry. ELISA was used to evaluate the level of IL-17 in the culture medium. Cells treated with equivalent volume solvent (DMSO) was regarded as control group.

### Cell culture

HepG2 cells were cultured in DMEM containing 4.5 g/l D-glucose and 10% heat-inactivated fetal bovine serum in an incubator at  $37^{\circ}\text{C}$  and 5% CO<sub>2</sub> (Thermo Forma, U.S.A.). Two days after reaching confluence, 1  $\mu$ M Dex or vehicle was added to the growth medium, allowing another 48 h for induction of IR. After Dex induction, the cells were processed.

CD4<sup>+</sup> T cells were isolated from human peripheral blood using MojoSort™ CD4 T Cell Isolation Kit (BioLegend, Cat#48000) and then CD4<sup>+</sup> T cells were resuspended in RPMI-1640 media (Flowlab, Australia) with 100 IU/ml of penicillin, 100 µg/ml of streptomycin (Flowlab, Australia), and 10% v/v fetal bovine serum at density of  $1 \times 10^4$  cells/ml. CD4<sup>+</sup> T-cell number was determined by cell counting with equal volume of Trypan Blue. CD4<sup>+</sup> T cells were exposed to anti-CD3 and anti-CD28 antibodies for 2 days to induce differentiation into CD4<sup>+</sup> T cells.

HepG2 cell seeding in the upper chamber, and activated CD4<sup>+</sup> T cells were co-cultured in the Transwell system at ratio of T/E at 5/1 and incubated at 37°C, 90% humidity, and 5% CO<sub>2</sub> for 24 h. After the co-culture incubation period, cells were collected and analyzed.

## Transduction

Human IL-17RC adenovirus was transduced into the CAA-treated insulin-resistant HepG2 cells after the DMEM was removed. Fresh complete DMEM was then added to the cells, which were incubated at 37°C overnight. After 24 h, the medium containing virus was removed and fresh, complete DMEM culture medium was replaced. Cells were harvested after 48 h post transduction.

## Western blot assay

HepG2 cells were washed with PBS twice before collection. Cells were lysed in RIPA buffer and centrifuged for 30 min at  $13000 \times g$  at 4°C. The supernatant was heated with 4× loading buffer at 95°C for 5 min. Proteins were electrophoresed in a 12% sodium dodecyl sulfate/polyacrylamide gel. Proteins were then transferred on to 0.45-µm PMSF membranes for 1 h after electrophoresis and blocked in 5% skim milk for 1 h. PMSF membranes were exposed to primary antibodies against p-IR, GLUT1, or GADPH in blocking buffer at 1:500 or 1:1000 dilutions overnight at 4°C. The membranes were then incubated with secondary antibody conjugated with HRP at 1:5000 dilutions for 1 h. The proteins were visualized autoradiographically with enhanced chemiluminescence (ECL), and scanned using a bio-imaging analyzer (Bio-Rad, U.S.A.).

## Glucose consumption assay

The glucose consumption assay was performed using a GOPOD kit (Rongsheng Biotech, Shanghai, China) according to the manufacturer's instructions. Medium from HepG2 cells in different treatment groups was spun in a centrifuge column, and glucose concentrations before and after the 24-h treatment were determined using the kits.

## Immunofluorescence assay

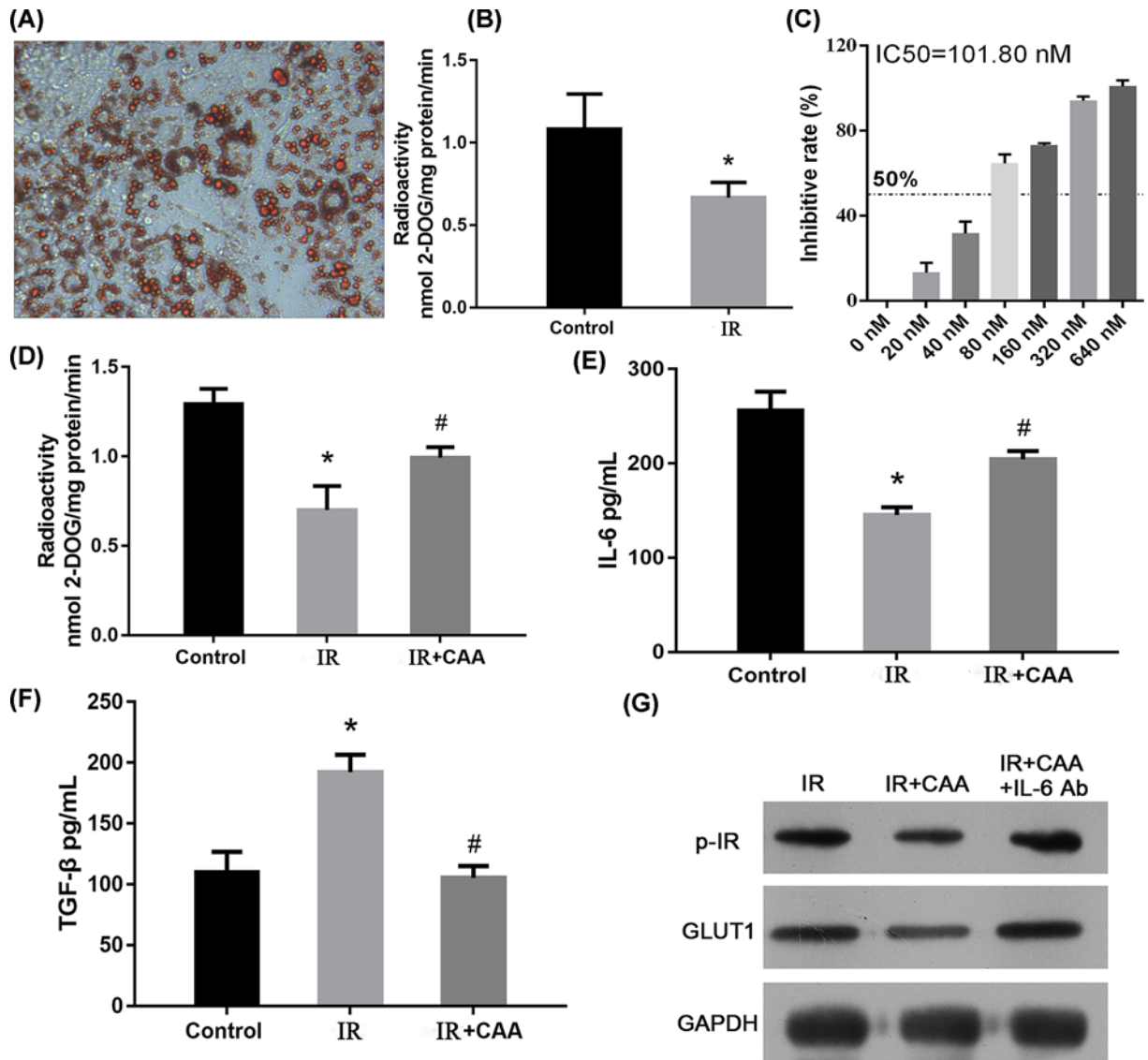
Cells were fixed and processed into paraffin-embedded slides. After antigen retrieval, 3% H<sub>2</sub>O<sub>2</sub> were used to inactivate endogenous peroxidase. The slides were blocked in 1% bovine serum albumin phosphate buffered saline (BSA PBS) solution. For the immunofluorescence assay, slides were incubated with primary antibodies overnight at 4°C. The slides were incubated with biotinylated-modified secondary antibody at 25°C for 1 h, and then incubated with conjugated HRP-labeled streptavidin (Dako, Glostrup, Denmark) at 25°C for 30 min. Substrate diaminobenzidine (DAB; Sigma, St. Louis, MO, U.S.A.) was used as the chromogen. Photographs were using the Bio-Rad Lasersharp MRC500 scanning confocal microscopy system.

## Flow cytometry

An apoptosis detection kit was used to measure apoptosis in cells pre-labeled with propidium iodide and annexin V-fluorescein isothiocyanate (FITC; Invitrogen, Burlington, Canada) according to the manufacturer's instructions. For the detection of Treg and Th17, cells were labeled with PE-labeled anti-human CD25 Abs and FITC-labeled CD4 Abs. To analyze the Treg and Th17, after cells were fixed and permeabilized, cells were then stained with Foxp3 (APC labeled) or IL-17 (APC labeled) to detect Treg and Th17, respectively. Samples were analyzed via flow cytometry and the results were recorded using matching Cell Quest software (Becton Dickinson, San Jose, CA, U.S.A.).

## Statistical analyses

The data were expressed as the mean ± standard deviation (SD) of at least three independent experiments. All the statistical analyses were performed using the SPSS 19.0 software. Student's *t* test was used to analyze differences between two groups, and one-way ANOVA was used to determine the significant differences among multiple groups. *P*-values less than 0.05 were considered statistically significant.



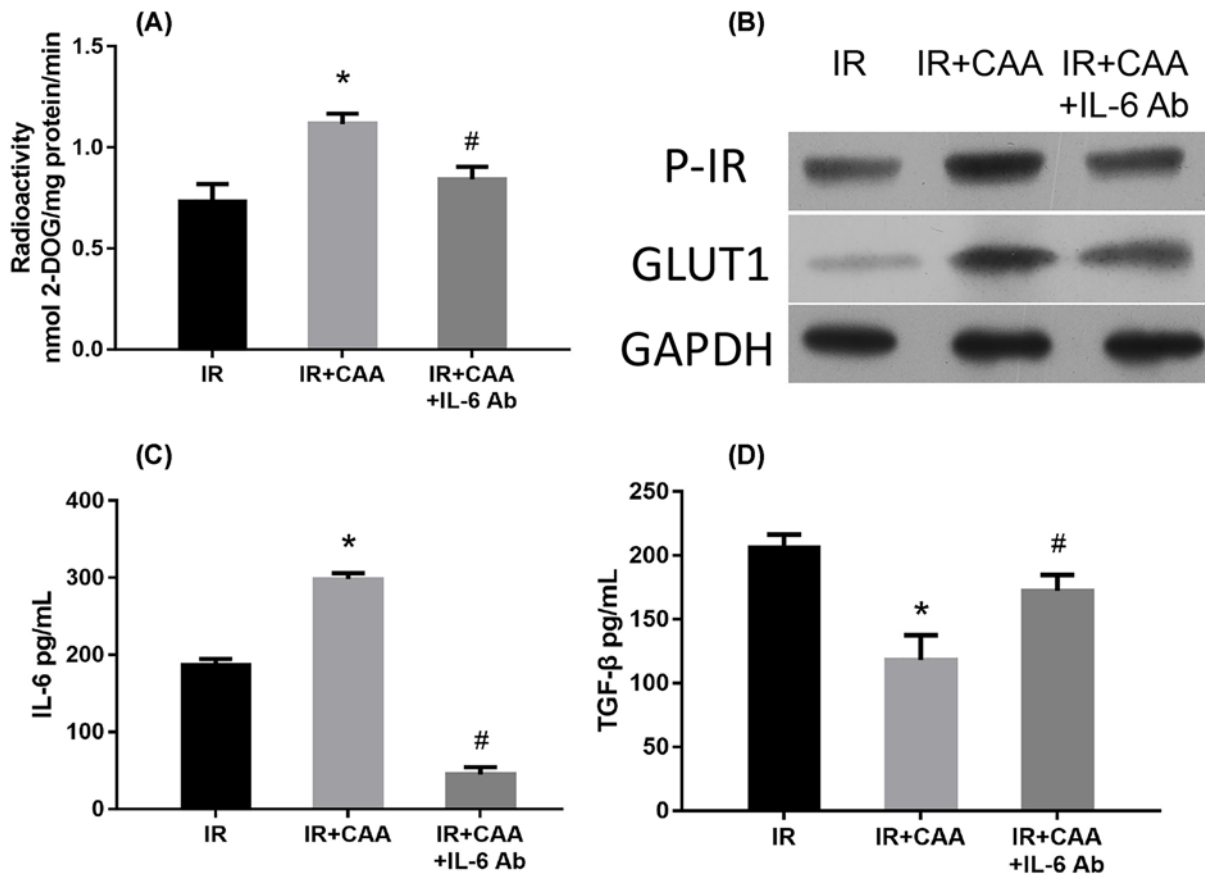
**Figure 1.** CAA improved dexamethasone induced decrease in glucose consumption in HepG2 cells with IR

(A) Oil Red O staining diagram. (B) Dexamethasone treatment induced decreased glucose consumption in HepG2 cells. (C) IC<sub>50</sub> detection of HepG2 on CAA. (D) Glucose consumption in Control group, IR group and IR+CAA group. (E) IL-6 concentration in Control group, IR group, IR+CAA group detected by ELISA. (F) TGF-β concentration in Control group, IR group, IR+CAA group detected by ELISA. (G) Representative band of p-IR, and GLUT1 in Control group, IR group and IR+CAA group. \**P*<0.05 versus Control group, #*P*<0.05 versus IR group. Data represent as mean ± SD.

## Results

### CAA improved dexamethasone-induced decrease in glucose consumption by HepG2 cells with IR

In the present study, we induced IR in HepG2 cells via dexamethasone to lipoblast, and Oil Red O staining was used to confirmed the induction (Figure 1A). As shown in Figure 1B, glucose consumption in dexamethasone-treated HepG2 cells group (Dex group) was significantly decreased compared with the control group (Figure 1B). Besides, IC<sub>50</sub> of CAA to HepG2 was measured (Figure 1C) and results showed that IC<sub>50</sub> value was 100 nM. Therefore, 0.5-fold of IC<sub>50</sub> (50 nM) was used for further experiments. Using an established cell model of IR, we evaluated the effect of CAA on regulation of IR. The glucose consumption assay revealed that cells in the control group and CAA-treated group (IR+CAA group) significantly reversed the decrease in 2-DOG level in the IR group (Figure 1D).



**Figure 2. CAA mediated hepatocyte production of IL-6 and TGF-β in HepG2 cells with IR**

(A) Glucose consumption in HepG2. (B) Representative band of p-IR, and GLUT1 IR group, IR+CAA group and IR+CAA+IL-6 AB group. (C) IL-6 concentration in IR group, IR+CAA group and IR+CAA+IL-6 Ab group were detected by ELISA. (D) TGF-β concentration in IR group, IR+CAA group and IR+CAA+IL-6 Ab group detected by ELISA. \* $P < 0.05$  versus IR group, # $P < 0.05$  versus IR+CAA group. Data are represented as mean  $\pm$  SD.

It is believed that IL-6 and the TGF-β signal pathway are involved in the development of IR. We evaluated the levels of IL-6 and TGF-β by ELISA in the control group, the IR group, and the CAA group. The level of IL-6 was significantly decreased in the IR group compared with the control group and CAA group ( $P < 0.05$ , Figure 1E). IL-6 and TGF-β were further measured in IR+CAA group. We found that IL-6 was then increased compared with the IR group, but TGF-β showed the opposite trend (Figure 1E,F). These findings indicated that CAA may mediate hepatocyte production of IL-6 and TGF-β in insulin-resistant HepG2 cells.

To further confirm these findings, we used Western blotting to determine the protein levels of GLUT1 and p-IR which are critical for insulin signal transduction pathway. We found that CAA treatment improved the changes in GLUT1 and p-IR induced by dexamethasone exposure in HepG2 cells (Figure 1G).

## CAA mediates hepatocyte production of IL-6 and TGF-β in HepG2 cells with IR

To further confirm that CAA regulates IR by altering the Th17-to-Treg ratio and to determine whether this involved inhibition of the TGF-β-IL-6 pathway, we performed a transwell co-culture assay of HepG2 and CD4<sup>+</sup> T cells. The glucose consumption assay revealed a significantly higher level of 2-DOG in the CAA group compared with the IR group, while application of IL-6 AB blunted the effect of CAA (Figure 2A). Western blotting assay showed that the protein levels of GLUT1 and p-IR were decreased in the IR+CAA+IL-6 AB group compared with the IR+CAA group, which indicates a defect in the insulin signal transduction pathway (Figure 2B). Furthermore, measurement of IL-6 and TGF-β levels by ELISA showed that CAA elevated IL-6 level and that addition of IL-6 AB reversed this trend; a

significantly lower level was detected in cells treated with IL-6 AB (Figure 2C). As shown in Figure 2D, TGF- $\beta$  level was attenuated by CAA treatment but was further increased by IL-6 AB.

## Treg/Th17 ratio and cell apoptosis was reversed by IL-6 Ab in insulin-resistant HepG2 cell

IL-6 AB is reportedly involved in the regulation of CD4<sup>+</sup> T-cell differentiation. Therefore, we evaluated the ratio of Th17/Treg in the IR group, IR+CAA group and IR+CAA+IL-6 AB group. As shown in Figure 3A,B, the flow cytometry assay revealed a significant increase in the Th17/Treg ratio in CD4<sup>+</sup> T cells interacting with HepG2 cells in IR+CAA group compared with the IR group and the IR+CAA+IL-6 AB group (Figure 3D). We also detected the expression of IL-17RC in HepG2 cells and found that compared with IR+CAA group, cells in the IR group and IR+CAA+IL-6 AB group showed decreased immunofluorescence of IL-17RC (Figure 3C). The concentration of IL-17 was significantly higher in the IR+CAA compared with the IR group. However, it was then significantly suppressed in the IR+CAA+IL-6 Ab group compared with the IR+CAA group (Figure 3E).

In the flow cytometry assay, a significantly higher percentage of apoptotic cells was found in the IR group (early apoptosis, 6.5% of cells; late apoptosis, 23.6% of cells) and the IR+CAA+IL-6 AB group (early apoptosis, 8.7% of cells; late apoptosis, 33.4% of cells) compared with the IR+CAA group (early apoptosis, 3.7% of cells; late apoptosis, 10.1% of cells; Figure 3F).

## Overexpression of IL17R counteracted the effect of IL-6 AB on CAA-treated HepG2 cells

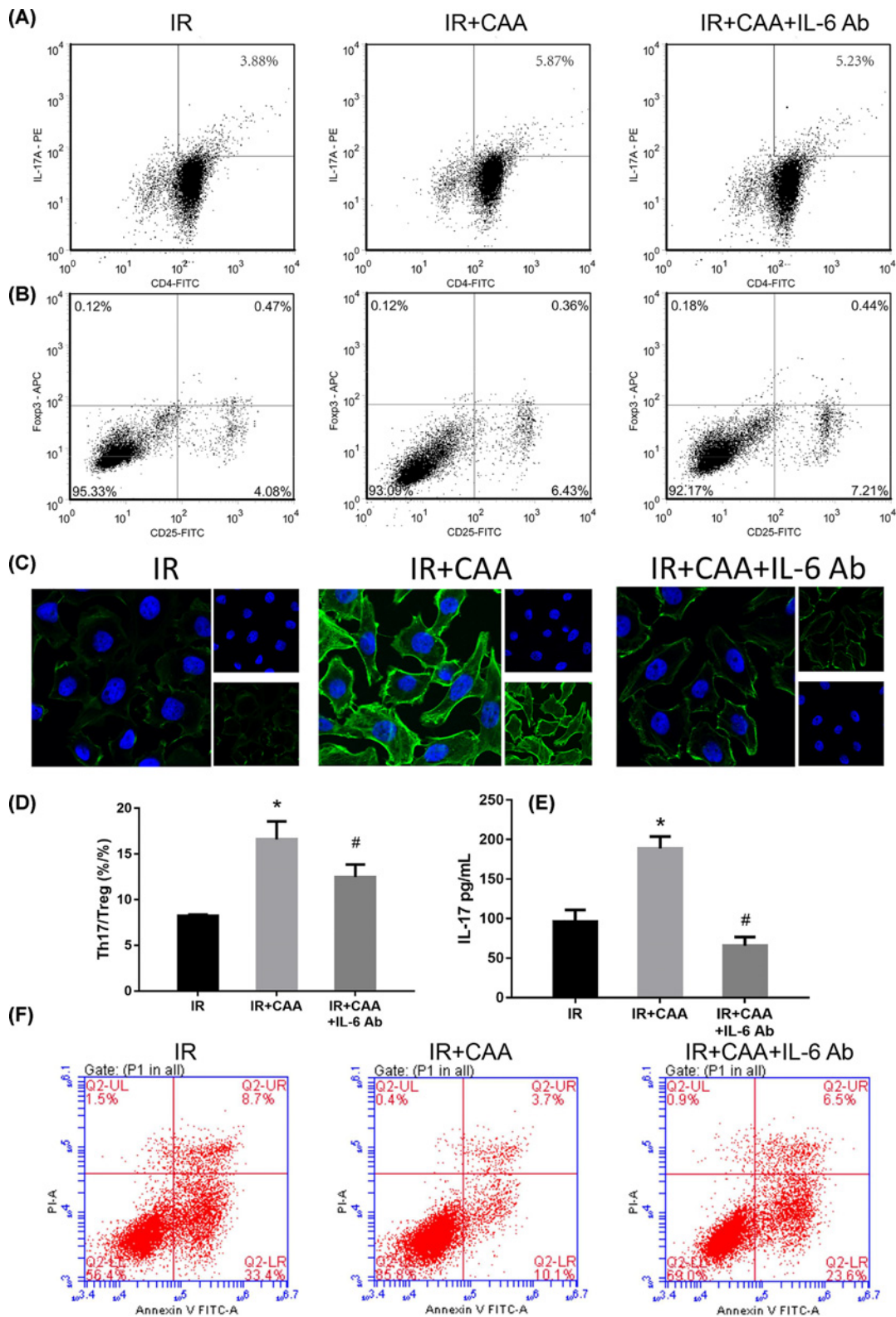
We then validated the effect of CAA by overexpressing IL17R in CAA-treated insulin-resistant HepG2 cells. Glucose consumption was elevated by IL-17R overexpression compared with IR+CAA+IL-Ab group (Figure 4A). Likewise, Western blotting indicated that the expression of IL-17R in IR+CAA+IL-6 Ab+IL17R group was to some extent weakened compared with expression in IR+CAA group, with down-regulation of levels of p-IR, GLUT1 and IL-17RC, but expression was remarkably higher than in IR+CAA+IL-6 Ab group (Figure 4B). Of note, the flow cytometry assay revealed a significant increase in the Th17/Treg ratio in the IR+CAA+IL17R group compared with the IR group, which had results that were similar to the IR+CAA group. The ratio of Th17/Treg after overexpression of IL17R was significantly increased compared with that in the IR+CAA+IL-6 AB group (Figure 4C,D), suggesting that the overexpression of IL17R generally counteracted the effect of IL-6 AB in CAA-treated insulin-resistant HepG2 cells. Our results from ELISA showed that the level of IL-17 in CAA-treated cells was significantly increased compared with that in IR group, but was statistically greater than in the IR+CAA+IL-6 AB group (Figure 4E).

## Discussion

In the present study, we investigated whether CAA could reduce IR in HepG2 cells and used those findings to propose preliminary hypotheses regarding the underlying mechanism. We found that CAA could improve dexamethasone-induced IR in HepG2 cells, promoted hepatocyte production of IL-6 and suppressed hepatocyte production of TGF- $\beta$ , increased expression of IL-17RC, and increased cell apoptosis in insulin-resistant HepG2 cell. When co-cultured with CD4<sup>+</sup> T cells, insulin-resistant HepG2 induced a decrease in the ratio of Th17/Treg, and CAA dampened that effect. The application of IL-6 and TGF- $\beta$  accompanied with CAA could reverse the effect of CAA on HepG2 cells with IR.

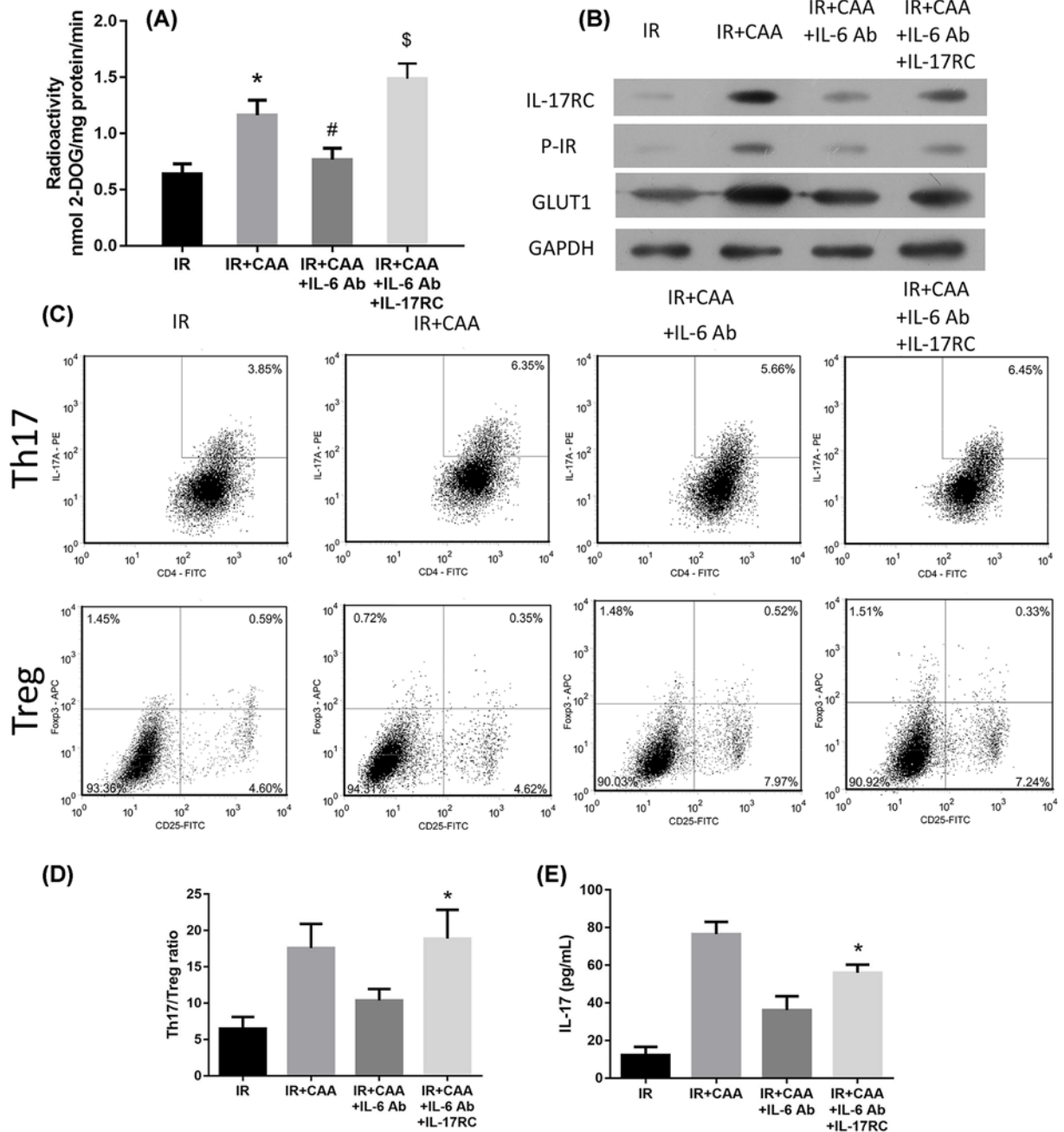
In many liver diseases and other hepato-pathological conditions such as non-alcoholic fatty liver disease, non-alcoholic steatohepatitis, and IR, hepatic immune responses play critical roles [17–20]. In this study, secretion of IL-6 and TGF- $\beta$  in insulin-resistant HepG2 and CAA could potentially affect these processes. Studies have shown that serum levels of IL-6 correlate with the development of T2DM [1,21]. IL-6 as well as TGF- $\beta$  were found to be involved in the inflammatory process in hepatocytes; in the acute phase of inflammation, hepatocytes secrete IL-6 [4]. A study by Tang et al. [22] reported an increase in secretion of IL-6 in HepG2 cells following stimulation of free fatty acid. Our results are in accordance with the previous study. The effect of CAA is diminished when applied with IL-6. These results suggest that CAA may target IL-6 and TGF- $\beta$  in the regulation of IR.

There is study indicating that IR is associated with through Treg/Th17 [23]. In the present study, we hypothesize that CAA regulates the ratio of Th17/Treg by mediating the expression of IL-6 and TGF- $\beta$  in insulin-resistant HepG2 cells. In support of our hypothesis, insulin-resistant HepG2 cells co-cultured with CD4<sup>+</sup> T cells induced a decreased in the ratio of Th17/Treg. Th1, Th2, and Treg are subsets of T cells derived from CD4<sup>+</sup> T cells and are essential regulators in immune responses and inflammatory diseases [24]. TGF- $\beta$  and IL-6 are also critical in the differentiation of naive



**Figure 3.** Treg/Th17 ratio and cells apoptosis was reversed by IL-6 Ab in insulin-resistant HepG2 cells

(A,B,D) Ratio of Th17 and Treg cells was investigated. (C) Immunofluorescent staining of IL-17RC in IR group, IR+CAA group and IR+CAA+IL-6 AB group. (E) IL-17 concentration in IR group, IR+CAA group and IR+CAA+IL-6 AB group detected by ELISA. (F) Percentage of apoptotic HepG2 cells in IR group, IR+CAA group and IR+CAA+IL-6 AB group by flow cytometry assay. \* $P < 0.05$  versus IR group, # $P < 0.05$  versus IR+CAA group.



**Figure 4. Overexpression of IL17R counteracted the effect of IL-6 AB on CAA-treated HepG2 cells**

(A) Glucose consumption in HepG2. (B) Representative band of IL-17R, p-IR, and GLUT1 in IR group, IR+CAA group, IR+CAA+IL-6 AB group, and IR+CAA+IL-6 AB+IL17R group detected by Western blotting. (C,D) Th17/Treg ratio cells was investigated by flow cytometry assay. (E) IL-17 concentration in the IR group, IR+CAA group, IR+CAA+IL-6 AB group, and IR+CAA+IL-6 AB+IL17R group detected by ELISA. \* $P < 0.05$  versus IR+CAA+IL-6 AB group. Data are represented as the mean  $\pm$  SD.

T cells into Th17 in both humans and mice via activation of the transcription factors retinoid-related orphan receptor (ROR)  $\gamma$  and ROR $\alpha$  [9,25,26], and inhibition of Treg differentiation [27–29]. Compared with Treg, which acts as an anti-inflammatory regulator to maintain immune homeostasis and prevent uncontrolled inflammation response, Th17 cells secrete a series of cytokines, (e.g. IL-17A (IL-17), IL-17E, IL-22, IL-6, and TNF- $\alpha$ ) and act as a proinflammatory regulator [9,13,14,30,31]. In our study, we found that CAA could diminish the shift in the ratio of Th17/Treg in CD4<sup>+</sup> T cells interacting with insulin-resistant HepG2 cells. This effect was blunted by the application of IL-6 as



well as the overexpression of IL17R. Besides, we found that expression of GLUT1 and p-IR were regulated by ratio of Th17/Treg. As a matter of fact, GLUT1 has been identified as a factor acting key role in IR [32]. These results supported the hypothesis that CAA regulates ratio of Th17/Treg by inhibiting the expression of IL-6 in insulin-resistant HepG2 cells, characterized by expression changing of GLUT1 and p-IR. However, relationship among GLUT1, p-IR, Th17/Treg, IL-6, and TGF- $\beta$  still need further explorations.

Previous studies have reported that increased IL-17, an important proinflammatory cytokine, is involved in cell apoptosis via the IL-17/IL-17R-JAK2/STAT3 pathway and other signaling pathways [10,33]. In this study, we observed an increase in IL-17RC and apoptosis of the IR HepG2 cell which is reversed by the CAA treatment. Our study also suggested that the increase in IL-17RC and apoptosis are closely related to the increase in IL-6 and TGF- $\beta$ , and that CAA blunt this effect, while the overexpression of IL17R further validated the role of CAA. These results indicated that IR in HepG2 cells leads to increases in hepatocellular IL-6 and TGF- $\beta$  production that induce a shift in the ratio of Th17/Treg in CD4<sup>+</sup> T cells. Meanwhile, the Th17 cells, which are increased in number, secreted IL-17 that act with the increased IL-17RC and promoted cell apoptosis and inflammatory response in insulin-resistant HepG2 cells. CAA reduced IR and inhibited this positive feedback between Th17/Treg and secretion of IL-6 and TGF- $\beta$  induced by IR.

## Conclusion

The present work investigated the antidiabetic activity of CAA in an insulin-resistant HepG2 cell line. The glucose uptake assay showed significant glucose uptake in CAA-treated cells at a concentration of 50  $\mu$ M and demonstrated blunted secretion of IL-6. Transwell co-culture assay with HepG2 cell and CD4<sup>+</sup> T cells revealed that CAA regulates the ratio of Th17/Treg via inhibition of IL-6 and TGF- $\beta$  expression in insulin-resistant HepG2 cells. Hence, our results imply that CAA can enhance glucose uptake and insulin sensitivity via the IL-6 and TGF- $\beta$  pathway and suggest a promising treatment for T2DM.

## Author Contribution

Yanfeng Gong: designing and performance of experiments; and manuscript writing work. Huanbing Liu: performance of experiments, data collection, and manuscript writing work. Liming Tao: administrative support and manuscript review. All authors read and approved the final manuscript version before submission.

## Competing Interests

The authors declare that there are no competing interests associated with the manuscript.

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## Abbreviations

CAA, cajanonic acid A; DMEM, Dulbecco's modified Eagle's medium; DMSO, dimethyl sulfoxide; ELISA, enzyme-linked immunosorbent assay; FITC, fluorescein isothiocyanate; GLUT, glucose transporter; GOD-POD, glucose oxidase and peroxidase; HRP, horseradish peroxidase; IR, insulin resistance; Th17, T helper 17; Treg, regulatory T cell; T2DM, type 2 diabetes mellitus.

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